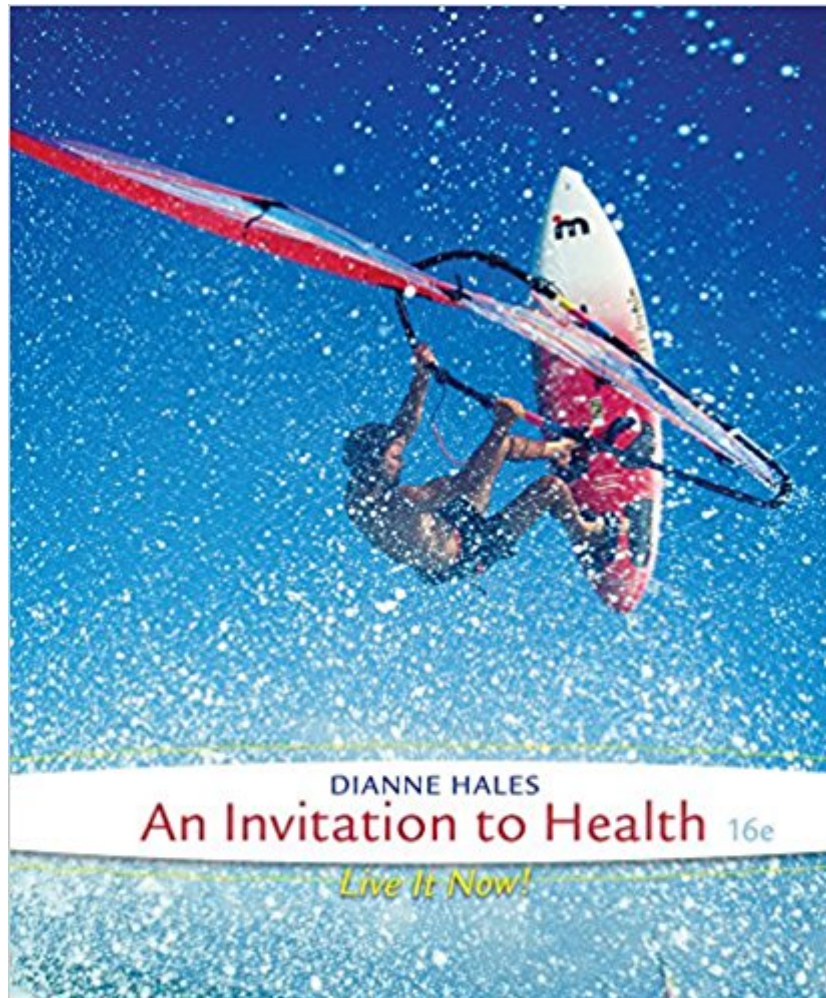




Ebook Directory
the best source of ebook

The book was found

Cengage Advantage Books: An Invitation To Health



Synopsis

In this new edition of the market-leading personal health text, Dianne Hales invites you to a future of healthy living by providing the information and tools they need to make healthy changes NOW. Delivering the most current and thorough coverage available, AN INVITATION TO HEALTH: Live it Now! integrates a comprehensive range of health concepts related to body, mind, and spirit with a wealth of applications for students' lives, including a new chapter on Consumer Health. Through MindTap, the text also includes a wealth of powerful learning tools to help you maximize your study efforts.

Book Information

Series: Cengage Advantage Books

Loose Leaf: 704 pages

Publisher: Cengage Learning; 16 edition (April 7, 2014)

Language: English

ISBN-10: 1285751191

ISBN-13: 978-1285751191

Product Dimensions: 1 x 8.8 x 11 inches

Shipping Weight: 2.8 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #204,307 in Books (See Top 100 in Books) #49 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nutrition](#) #65 in [Books > Medical Books > Nursing > Medical Nutrition](#) #1645 in [Books > Health, Fitness & Dieting > Nutrition](#)

Customer Reviews

It's okay, most of the knowledge in the book are common things you should know. Or subjects a quick google search could answer. This was required for one of my classes and we talked about chapters in class. I will say that the book gave some nice points in topics our class could talk about.

Using this book for class was SOOOOOOOO boring! It is hundreds and hundreds of pages of statistics, with a little bit of interesting studies here and there. I read a lot because I'm a reader, but this text wore me out! If you're ordering this book then it's probably for a college class. Good luck and know that someone else feels your pain.

While I didn't fully read this textbook during my time in the course it was required for, much of what I

read was pretty much common knowledge, with certain pieces being a bit outdated/

A completely useless book. By someone who clearly doesn't understand that the internet has all this information plus a thousand times more it is yet to be used in class.

good quality. I got the binder version and it was still nice. used too. Love the contents. I used this for an online course.

This book was very interesting for my Science class. I actually kept the book, instead of trading it in, for future reference.

it was the exact book required for the class as a cheaper rate than the school bookstore.

Bought "brand new". Came without access code and has signs of being used.

[Download to continue reading...](#)

Cengage Advantage Books: An Invitation to Health Cengage Advantage Books: Business Law Today, The Essentials: Text and Summarized Cases Cengage Advantage Books: Fundamentals of Business Law Today: Summarized Cases (Miller Business Law Today Family) Cengage Advantage Books: Business Law: Text and Cases - The First Course Cengage Advantage Books: Business Law: Text & Cases - Commercial Law for Accountants Cengage Advantage Books: Essentials of Business Law Cengage Advantage Books: Law for Business Cengage Advantage Books: Business Law: Text and Exercises Cengage Advantage Books: Essentials of the Legal Environment Cengage Advantage Books: Essentials of the Legal Environment Today (Miller Business Law Today Family) Cengage Advantage Books: Understanding Arguments: An Introduction to Informal Logic Public Speaking: Concepts and Skills for a Diverse Society (Cengage Advantage Books) Cengage Advantage Books: American Government and Politics Today, Brief Edition, 2014-2015 Cengage Advantage Books: American Government and Politics Today, Brief Edition, 2014-2015 (with CourseMate Printed Access Card) Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline: An Invitation to a Life of Spiritual Disciplines (Pocket Classics) The Military Advantage, 2016 Edition: The Military.com Guide to Military and Veterans Benefits (Military Advantage: The Military.com Guide to Military and Veteran Benefits) Summary of The Advantage: by Patrick M. Lencioni | Includes Analysis of The Advantage MindTap Health, 1 term (6 months) Printed Access Card for Hales' An Invitation to Health: Building Your Future, Brief Edition, 8th (MindTap Course List) Jokes

For Kids - Joke Books : Funny Books : Kids Books : Books for kids age 9 12 : Best Jokes 2016 (kids books, jokes for kids, books for kids 9-12, ... funny jokes, funny jokes for kids) (Volume 1)

Macrobiotics: An Invitation to Health and Happiness

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)